



CookingFromRoots

Pickup orders on Sunday 2PM at ROOTs Eatery
20046 N. John Wayne Pkwy, Maricopa, AZ



SEASONAL MEAL PREP SELECTIONS

Buffalo Chicken Stuffed Bell Pepper

Roasted Chicken, Provolone Cheese, Cream Cheese, Franks Red Hot Sauce,
Ranch Dressing

Honey Sesame Chicken Breast

Roasted Zucchini, Brown Rice Pilaf

Chicken Cobb Salad

Mix Greens, Tomato, Cheddar Jack Cheese, Crouton, Bacon, Hard Boiled Egg,
Ranch Dressing

Thai Peanut Baked Salmon

Roasted Zucchini, Brown Rice Pilaf

Korean Beef Stir Fry

Shaved Philly Meat, Peppers, Onions, Brown Rice Pilaf

CREATE YOUR OWN MEAL!

**Pick a Protein- Honey Sesame Chicken Breast, Roasted Chicken,
Baked Salmon, Philly Meat**

Pick 2 Sides – Roasted Zucchini, Brown Rice Pilaf, Sautéed Peppers, Onions

WEEKLY Service! Place orders by Friday 7pm for Sunday pick-up (2PM)

Pick any 5 meals (your choice)- \$60. Any 12 meals (your choice)- \$130. Any 20 meals for \$200. (Contract required when ordering 20 meals or more)

To order, TEXT Tyler at (480)757-2511 or email your order to

catering.rootseatery@gmail.com

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness*

Sept. 18th & Sept. 25th